

### "MEDITATION" VISA REQUIREMENT

#### Part One (Visa Request)

1. **Three (3)** completed application forms **pasted** with **a photo** on **each**
2. **One (1)** completed "Report of Arrival " form **pasted** with **a photo** and
3. **Three (3)** Letter addressed to the Ambassador  
( Undertaking letter not to perform other than religious matters )
4. **Three (3)** Biography
5. **Three (3)** completed "Work History" form.
6. **Three (3)** copies : **Sponsor letter form the Meditation Center/Monastery /Venerable Sayadaw in Myanmar**
7. **Three (3)** Passport Photocopies (photo attached page only)  
(P.S. Part One will take time little longer than normal visa, please call the embassy for information)

#### Part Two (Visa Processing)

8. Passport Original
9. Passport of at least **6 months validity** with available visa pages.
10. Prepaid Self-Addressed **FedEx's** Envelope. (**FedEx Standard Overnight Service**)
  - **Payment arranged through Credit Card is not accepted** )
11. Payment of **US\$30** (US\$ Thirty only) per applicant for visa fee, payable to the Embassy of the Union of Myanmar in **official cheque or money order only.**  
(**Personal cheque/cash is not accepted**)

#### VISA INFORMATION

- The Meditation Visa is valid for a stay of 3 months
- Visas are valid for (3) months from the date of issue.

#### VISA OFFICE HOURS

- 0930 (morning) - 1200 (noon) DROP-OFF  
**LUNCH TIME - 1200 - 1300**
- 1300 (noon) - 1700 (evening) PICK-UP

#### VISA PROCESSING TIME

- Approximately **(6) business days.**

#### Photography Guide

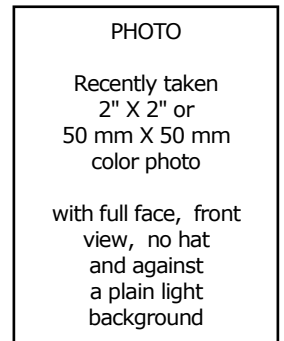
- The photograph must have been taken within the last six months
- The photograph should be in color and must be taken against a white or off-white background.
- Side or angled views are NOT accepted.
- The photograph for each visa applicant must be an unmounted, full face photo.
- Photo Size : The photo for each visa applicant submitted must measure:  
2 inch X 2 inch or 50 mm x 50 mm
- Photo Appearance: The photograph must be a full-face view in which the visa applicant is facing the camera directly.
- Digital Photos: Digitally reproduced photographs must be reproduced without discernible pixels or dot patterns.
- Photo copied photographs are NOT accepted.

#### CONTACT

- Embassy Website: <http://www.mewashingtondc.com> and e-mail: [mewdcusa@gmail.com](mailto:mewdcusa@gmail.com) ( visa information )

DIRECTORATE OF IMMIGRATION AND NATIONAL REGISTRATION  
IMMIGRATION DEPARTMENT

APPLICATION FOR ENTRY VISA (MEDITATION)  
(STUDY OF THE THERAVADA BUDDHISM)  
**(To be handed over to the Immigration Officer at the Port )**



1. Name in Full ( Fill in Block Letters)  
-----  
( First Name ) (Middle Name ) ( Last Name )
2. Father's Name in full: -----
3. Date of birth(dd/mm/yyyy): \_\_\_ / \_\_\_ / \_\_\_
4. Place of Birth (City / State / Country): ----- / ----- / -----
5. Nationality:  US /  Others: ----- Sex  (F) /  (M)
6. Marital Status:  Married  Single (Never Married)  Widowed  Divorced  Separated
7. Spouse's Full Name: -----
8. Present Occupation: -----  
(If retired write " retired", if student write "student")
9. Qualification: -----
- Personal Description**
10. (a) Color of Hair ----- (b) Height:  m \_\_\_ cm \_\_\_ /  \_\_\_ ft. \_\_\_ in.  
(c) Color of Eyes ----- (d) Complexion -----
- Passport**
11. (a) Number ----- (b) Date of Issue (dd/mm/yyyy) \_\_\_ / \_\_\_ / \_\_\_  
(c) Place of issue : ----- (d) Issuing Authority:  
 United States, -----  United States, Department of State /  
 Other: -----  National Passport Centre /  
(e) Date of expiration (dd/mm/yyyy) \_\_\_ / \_\_\_ / \_\_\_  (If others): -----
12. Present Address in U.S. -----  
(Include apartment number, street, city, state or province & postal zone)
13. Contact Phn. No. (Res.) ( \_\_\_ ) ----- (Work) ( \_\_\_ ) ----- e-mail: -----
14. Address in Myanmar: -----
15. Have you ever been to Myanmar:  Yes  No. (If Yes) Dt. of Last Visit: (dd/mm/yyyy): \_\_\_ / \_\_\_ / \_\_\_
16. Have you ever been refused to enter Myanmar:  Yes  No. (If Yes) When: (dd/mm/yyyy): \_\_\_ / \_\_\_ / \_\_\_  
Why: -----
17. Purpose of your Trip : -----  
(Expected date of **Arrival**: \_\_\_ / \_\_\_ / \_\_\_ & **Departure**: \_\_\_ / \_\_\_ / \_\_\_)
18. Proposed Meditation Center: -----
19. Duration of Proposed Stay: -----  
(Expeted dt. of **Arrival**: \_\_\_ / \_\_\_ / \_\_\_ & **Departure**: \_\_\_ / \_\_\_ / \_\_\_)
20. Financial resources in Myanmar: (a)Cash (Ks. & Foreign Currency) ----- (b) Bank Deposit -----  
(c) Name of Bank: ----- (d) Amount: -----
21. Attention for Applicant:  
(a) Apart from the professions mentioned in this visa application form applicants are not to engage in any sort of work with or without charges.  
(b) Applicant shall abide by the Laws of the Union of Myanmar and shall not interfere in the internal affairs of the Union of Myanmar. of  
(c) Legal action will be taken against those who violate or contravene any provision of the existing laws, rules and regulations of the Union of Myanmar.

**I hereby declare that I fully understand the above mentioned conditions, that the particulars given above are true and correct and that I will not engage in any activities irrelevant to the purpose of entry stated herein.**

Date (dd/mm/yyyy) \_\_\_ / \_\_\_ / \_\_\_ (Signature of applicant )

**(FOR OFFICE USE ONLY)**

Visa No. \_\_\_ Date : \_\_\_  
Visa Authority : MOFA Lt. No. 46 11 11 (2241) , Dated : 18 December 1992,  
- (If other): MOFA Lt. No. \_\_\_ Dated: -----

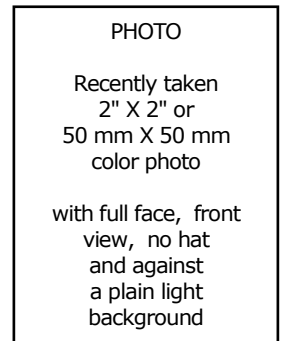
Signature of Officer in-Charge  
**Embassy of the Union of Myanmar**  
**Washington D.C. , U.S.A.**

**Contact Phone No, Embassy Website & e-mail**

- Off. Phn.No. : (202) 332 3344, 332 4350, 332 4352, Fax: (202) 332 4351  
- Embassy Website: <http://www.mewashingtondc.com> & e-mail: [mewdcusa@gmail.com](mailto:mewdcusa@gmail.com) (visa information )

DIRECTORATE OF IMMIGRATION AND NATIONAL REGISTRATION  
IMMIGRATION DEPARTMENT

APPLICATION FOR ENTRY VISA (MEDITATION)  
(STUDY OF THE THERAVADA BUDDHISM)  
**(To be handed over to the Immigration Officer at the Port )**



1. Name in Full ( Fill in Block Letters)

-----  
( First Name ) (Middle Name ) ( Last Name )

2. Father's Name in full: -----

3. Date of birth(dd/mm/yyyy): \_\_\_ / \_\_\_ / \_\_\_

4. Place of Birth (City / State / Country): ----- / ----- / -----

5. Nationality:  US /  Others: ----- Sex  (F) /  (M)

6. Marital Status:  Married  Single (Never Married)  Widowed  Divorced  Separated

7. Spouse's Full Name: -----

8. Present Occupation: -----

(If retired write " retired", if student write "student")

9. Qualification: -----

**Personal Description**

10. (a) Color of Hair ----- (b) Height:  m \_\_\_ cm \_\_\_ /  \_\_\_ ft. \_\_\_ in.

(c) Color of Eyes ----- (d) Complexion -----

**Passport**

11. (a) Number ----- (b) Date of Issue (dd/mm/yyyy) \_\_\_ / \_\_\_ / \_\_\_

(c) Place of issue : ----- (d) Issuing Authority:  
 United States, -----  United States, Department of State /  
 Other: -----  National Passport Centre /

(e) Date of expiration (dd/mm/yyyy) \_\_\_ / \_\_\_ / \_\_\_  (If others): -----

12. Present Address in U.S. -----

(Include apartment number, street, city, state or province & postal zone)

13. Contact Phn. No. (Res.) ( \_\_\_ ) ----- (Work) ( \_\_\_ ) ----- e-mail: -----

14. Address in Myanmar: -----

15. Have you ever been to Myanmar:  Yes  No. (If Yes) Dt. of Last Visit: (dd/mm/yyyy): \_\_\_ / \_\_\_ / \_\_\_

16. Have you ever been refused to enter Myanmar:  Yes  No. (If Yes) When: (dd/mm/yyyy): \_\_\_ / \_\_\_ / \_\_\_

Why: -----

17. Purpose of your Trip : -----

(Expected date of **Arrival**: \_\_\_ / \_\_\_ / \_\_\_ & **Departure**: \_\_\_ / \_\_\_ / \_\_\_)

18. Proposed Meditation Center: -----

19. Duration of Proposed Stay: -----

(Expeted dt. of **Arrival**: \_\_\_ / \_\_\_ / \_\_\_ Flight No. \_\_\_\_\_ & **Departure**: \_\_\_ / \_\_\_ / \_\_\_ , Flight No. \_\_\_\_\_ )

20. Financial resources in Myanmar: (a)Cash (Ks. & Foreign Currency) \_\_\_\_\_ (b) Bank Deposit -----

(c) Name of Bank: ----- (d) Amount: -----

21. Attention for Applicant:  
(a) Apart from the professions mentioned in this visa application form applicants are not to engage in any sort of work with or without charges.

(b) Applicant shall abide by the Laws of the Union of Myanmar and shall not interfere in the internal affairs of the Union of Myanmar.

(c) Legal action will be taken against those who violate or contravene any provision of the existing laws, rules and regulations of the Union of Myanmar.

**I hereby declare that I fully understand the above mentioned conditions, that the particulars given above are true and correct and that I will not engage in any activities irrelevant to the purpose of entry stated herein.**

Date (dd/mm/yyyy) \_\_\_ / \_\_\_ / \_\_\_

-----  
(Signature of applicant )

**(FOR OFFICE USE ONLY)**

Visa No. \_\_\_\_\_ Date : \_\_\_\_\_

Visa Authority : MOFA Lt. No. 46 11 11 (2241) , Dated : 18 December 1992,

- (If other): MOFA Lt. No. \_\_\_\_\_ Dated: \_\_\_\_\_

Signature of Officer in-Charge  
**Embassy of the Union of Myanmar**  
**Washington D.C. , U.S.A.**

**Contact Phone No, Embassy Website & e-mail**

- Off. Phn.No. : (202) 332 3344, 332 4350, 332 4352, Fax: (202) 332 4351

- Embassy Website: <http://www.mewashingtondc.com> & e-mail: [mewdcusa@gmail.com](mailto:mewdcusa@gmail.com) ( visa information )

GOVERNMENT OF THE UNION OF MYANMAR  
IMMIGRATION DEPARTMENT

# REPORT OF ARRIVAL

(This is to be delivered to the immigration authorities upon arrival in Myanmar.)

Name in Full ( Fill in Block Letters)

-----  
( First Name ) (Middle Name ) ( Last Name)

Citizen:  US /  If others \_\_\_\_\_

Passport No.: \_\_\_\_\_

- Place of Issue:  United States, \_\_\_\_\_

(If Others) : \_\_\_\_\_

- Date of Issue : (dd/mm/yyyy) \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Expected Date of Arrival into Myanmar (dd/mm/yyyy) \_\_\_\_ / \_\_\_\_ / \_\_\_\_

- ( Flight No. \_\_\_\_\_ )

Date of expiry of stay in Myanmar (dd/mm/yyyy) \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Address in Myanmar : \_\_\_\_\_

\_\_\_\_\_  
Name and Address of Guarantor in Myanmar: \_\_\_\_\_

\_\_\_\_\_

-----  
Signature of Passport Holder

\_\_\_\_\_  
**(OFFICIAL USE ONLY)**

Visa No. \_\_\_\_\_ Date of Issue \_\_\_\_\_

Authority: MOFA Lt. No. 46 11 11 (2241), Dated : 18 December 1992,

(If other)MOFA Lt. No. \_\_\_\_\_ , Dated: \_\_\_\_\_

\_\_\_\_\_  
Signature of Officer in-Charge  
**Embassy of the Union of Myanmar**  
**Washington D.C. , U.S.A.**

\_\_\_\_\_  
Immigration Officer

Embassy of the Union of Myanmar  
Washington D.C.

## Work History for Visa Applicant

1. Name in Full ( Fill in Block Letters)

-----  
( First Name ) ( Middle Name ) ( Last Name )

2. Date of birth (dd/mm/yyyy): \_\_\_\_ / \_\_\_\_ / \_\_\_\_

3. Place of birth:  U.S., \_\_\_\_\_  (Other): \_\_\_\_\_

4. Permanent Home Address: \_\_\_\_\_  
\_\_\_\_\_

5. Tel. (Res.) ( ) \_\_\_\_\_ (Work Place) ( ) \_\_\_\_\_

e-mail: \_\_\_\_\_

6. Work Description (**Current**)

(a) Job Title : \_\_\_\_\_

From (dd/mm/yyyy): \_\_\_\_ / \_\_\_\_ / \_\_\_\_ - To (dd/mm/yyyy) \_\_\_\_ / \_\_\_\_ / \_\_\_\_ )

(b) Office \_\_\_\_\_

Section \_\_\_\_\_

Division \_\_\_\_\_

Describe your Duties: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

7. Work Description (**Previous**)

(a) Job Title : \_\_\_\_\_

From (dd/mm/yyyy): \_\_\_\_ / \_\_\_\_ / \_\_\_\_ - To (dd/mm/yyyy) \_\_\_\_ / \_\_\_\_ / \_\_\_\_ )

(b) Office \_\_\_\_\_

Section \_\_\_\_\_

Division \_\_\_\_\_

Describe your Duties: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I hereby declare that the particulars given above are true and correct and that I will not engage in any activities irrelevant to the purpose of my entry.

\_\_\_\_\_  
Signature of Applicant

Date: (dd/mm/yyyy) \_\_\_\_\_

သို့

သံအမတ်ကြီး  
မြန်မာသံရုံး  
ဝါရှင်တန်ဒီစီ

ရက်စွဲ ၊

အကြောင်းအရာ ။ တရားအားထုတ်ခွင့်ဗီဇာ ( Meditation Visa ) လျှောက်ထားခြင်း

၁။ ကျွန်တော်/ကျွန်မသည် ၊ မြန်မာနိုင်ငံတွင်မွေးဖွားခဲ့သူဖြစ်ပြီး ၊ \_\_\_\_\_ ခုနှစ်တွင် ၊ အမေရိကန်နိုင်ငံသို့ ရောက်ရှိခဲ့ကာ ၊ \_\_\_\_\_ ခုနှစ်တွင် ၊ အမေရိကန်နိုင်ငံသားအဖြစ် ပြောင်းလဲခံယူခဲ့ပါသည်။

၂။ ကျွန်တော်/ကျွန်မ မြန်မာနိုင်ငံရှိ \_\_\_\_\_ တရားစခန်း၌ တရားအားထုတ်ရန် သွားရောက်ခြင်းဖြစ်ပါသည်။ နိုင်ငံရေးလှုပ်ရှားမှုများတွင်ပါဝင်ပတ်သက်မည်မဟုတ်ကြောင်း အောက်တွင် ခံဝန်ကတိပြုပါလက်မှတ်ရေးထိုးပါသည်။

၃။ သို့ဖြစ်ပါ၍ ၊ ကျွန်တော် / ကျွန်မအား တရားအားထုတ်ခွင့်ဗီဇာ ( Meditation Visa)အား ဝါရှင်တန်ဒီစီ၊ မြန်မာ သံရုံးမှတစ်ဆင့်၊ သက်ဆိုင်ရာသို့လျှောက်ထားခွင့်ပြုပါရန် အောက်ဖော်ပြပါစာရွက်စာတမ်းများနှင့်အတူ တင်ပြလျှောက်ထားပါ သည် -

- (က) ၂ X ၂ လကွပ်ကဲလည် ၊ ရောင်စုံခါတ်ပုံကပ်ထားသည့် ဖြည့်စွက်ပြီး Visa Form (3) sets
- (ခ) ၂ X ၂ လကွပ်ကဲလည် ၊ ရောင်စုံခါတ်ပုံကပ်ထားသည့် ဖြည့်စွက်ပြီး Report of Arrival (1)
- (ဂ) အလုပ်ကိုင်ခဲ့သည့်လုပ်ငန်းရာဇဝင်အကျဉ်းချုပ် (Work History)-(1)
- (င) သက်ဆိုင်ရာတရားစခန်း၏ ထောက်ခံချက်
- (စ) Meditation Visa ကျသင့်ငွေ Money Order ( US \$ 30 )
- (ဆ) ပြန်လည်ပေးပို့ရန် စရိတ်ကျခံပြီး စာအိပ်  
(Prepaid Envelope- [FedEx Standard Overnight Service](#))  
(အမှတ်စဉ် (စ) နှင့် (ဆ) အား ခွင့်ပြုမိန့်ကျသည့်အခါ ထပ်မံပေးပို့ပါမည်။)

၄။ အခြားတင်ပြလိုသည့်အချက် (ရှိပါက) -

လေးစားစွာဖြင့်

-----  
( လက် မှတ် )

အမည် ၊ \_\_\_\_\_  
နိုင်ငံကူးလက်မှတ်အမှတ် ၊ \_\_\_\_\_ ၊ ထုတ်ပေးရက်စွဲ ၊ \_\_\_\_\_  
တယ်လီဖုန်းနံပါတ် ၊ \_\_\_\_\_ ၊ ဆက်သွယ်နိုင်မည့် e-mail: \_\_\_\_\_  
နေရပ်လိပ်စာ၊ \_\_\_\_\_  
**(မှတ်ချက်)** - နိုင်ငံကူးလက်မှတ်နှင့်တွဲထားသည့် ဖြည့်စွက်ထားသော Meditation ဗီဇာပုံစံအားမိတ္တူ (၃)စုံခန့်ကူးပြီး မိမိနှင့်အတူ ဆောင်ထားသင့်ပါသည်။

To

Ambassador  
Embassy of the Union of Myanmar  
Washington D.C.

Date:

I , \_\_\_\_\_ will not engage in any activities than religious matters and the sole purpose of my trip is to attend meditation retreat at \_\_\_\_\_ . I will remain at the Meditation Centre for the entire duration of Meditation Visa.

Signature : \_\_\_\_\_

Name : \_\_\_\_\_

Passport No. : \_\_\_\_\_



**ကိုယ်ရေးရာဇဝင်အကျဉ်းချုပ်**  
**(မြန်မာနိုင်ငံသို့တရားအားထုတ်ရန်သွားရောက်မည့် Ex-Myanmarများ ဖြည့်စွက်ရမည့်ပုံစံ)**

Recently taken  
 2" X 2" or  
 50 mm X 50 mm  
 color photo

with full face, front view,  
 no hat  
 and against  
 a plain light background

**လျှောက်ထားသူ၏အကြောင်းအရာ**

- ၁။ အမည်အပြည့်အစုံ (မြန်မာ)/ (အင်္ဂလိပ်) Fill with Block Letter \_\_\_\_\_
- ၂။ မွေးသက္ကရာဇ် / မွေးဖွားရာဒေသ \_\_\_\_\_ | \_\_\_\_\_
- ၃။ နိုင်ငံသား၊ ကိုးကွယ်သည့်ဘာသာ \_\_\_\_\_ | \_\_\_\_\_
- ၄။ နိုင်ငံကူးလက်မှတ်၊ ထုတ်ပေးရက်စွဲ၊ နေရာ \_\_\_\_\_ | \_\_\_\_\_ | \_\_\_\_\_
- ၅။ အမိ / အဘအမည် နှင့် \_\_\_\_\_ | \_\_\_\_\_
- ၆။ နေရပ်လိပ်စာ၊ \_\_\_\_\_
- ၇။ မြန်မာသံရုံးတွင်ဝင်ငွေခွန်ထမ်းဆောင်ခဲ့ဘူးခြင်း  ရှိ -  မရှိ၊ ရှိပါကဖော်ပြပါရန် (US\$) \_\_\_\_\_
- ၈။ မြန်မာနိုင်ငံကူးလက်မှတ်အားသံရုံးသို့ပြန်လည်ပေးပို့အပ်နှံခြင်း  ရှိ -  မရှိ၊ ရှိပါက အပ်နှံသည့်ရက်စွဲ၊ \_\_\_\_/\_\_\_\_/\_\_\_\_
- ၉။ ပြည်ပသို့ထွက်ခွာလာသည့်နေ့ \_\_\_\_\_ | ၁၀။ မိမိ၏ပညာအရည်အချင်း \_\_\_\_\_
- ၁၁။ မိမိ၏လက်ရှိအလုပ်အကိုင်၊ \_\_\_\_\_
- ၁၂။ လက်ရှိနေရပ်လိပ်စာ(Address) \_\_\_\_\_  
 Phn. ( ) \_\_\_\_\_ | e-mail : \_\_\_\_\_
- ၁၃။ တရားအားထုတ်လိုသည့်တရားစခန်းအမည်၊ \_\_\_\_\_
- ၁၄။ တရားအားထုတ်လိုသည့်ကာလ၊ \_\_\_\_\_

**ညီအစ်ကိုမောင်နှမအရင်းအချာများ**

- ၁၅။ (က) အမည်၊ \_\_\_\_\_ | အလုပ်အကိုင်၊ \_\_\_\_\_  
 နေရပ်လိပ်စာ၊ \_\_\_\_\_
- (ခ) အမည်၊ \_\_\_\_\_ | အလုပ်အကိုင်၊ \_\_\_\_\_  
 နေရပ်လိပ်စာ၊ \_\_\_\_\_

၁၆။ **အိမ်ထောင်  ရှိ  မရှိ၊ ရှိပါကလျှောက်ထားသူ၏ ဇနီး/ခင်ပွန်း၏အကြောင်းအရာ**

- (က) အမည်အပြည့်အစုံ၊ \_\_\_\_\_
- (ခ) မွေးသက္ကရာဇ် / မွေးဖွားရာဒေသ၊ \_\_\_\_\_ | \_\_\_\_\_
- (ဂ) နိုင်ငံသား၊ ကိုးကွယ်သည့်ဘာသာ၊ \_\_\_\_\_ | \_\_\_\_\_
- (ဃ) နိုင်ငံကူးလက်မှတ်၊ ထုတ်ပေးရက်စွဲ၊ နေရာ၊ \_\_\_\_\_ | \_\_\_\_\_ | \_\_\_\_\_
- (င) ဇနီး/ခင်ပွန်း၏ အမိ / အဘအမည်၊ \_\_\_\_\_ | \_\_\_\_\_
- (စ) ဇနီး/ခင်ပွန်း၏ မိဘများ၏နေရပ်လိပ်စာ၊ \_\_\_\_\_
- (ဆ) ပြည်ပသို့ထွက်ခွာလာသည့်နေ့၊ \_\_\_\_\_ (ဇ) ဇနီး/ခင်ပွန်း၏ပညာအရည်အချင်း၊ \_\_\_\_\_
- (ဈ) ဇနီး/ခင်ပွန်း၏အလုပ်အကိုင်၊ \_\_\_\_\_

၁၇။ **ဇနီး / ခင်ပွန်း၏ ညီအစ်ကိုမောင်နှမအရင်းအချာများ**

- (က) အမည်၊ \_\_\_\_\_ | အလုပ်အကိုင်၊ \_\_\_\_\_  
 နေရပ်လိပ်စာ၊ \_\_\_\_\_
- (ခ) အမည်၊ \_\_\_\_\_ | အလုပ်အကိုင်၊ \_\_\_\_\_  
 နေရပ်လိပ်စာ၊ \_\_\_\_\_

**မိမိ၏သားသမီးများ**

- ၁၈။ (က) အမည်၊ အသက်၊ အတန်း၊ \_\_\_\_\_ | \_\_\_\_\_ | \_\_\_\_\_
- (ခ) အမည်၊ အသက်၊ အတန်း၊ \_\_\_\_\_ | \_\_\_\_\_ | \_\_\_\_\_
- (ဂ) အမည်၊ အသက်၊ အတန်း၊ \_\_\_\_\_ | \_\_\_\_\_ | \_\_\_\_\_